

## **FTMAPSA & YOUTH SERVICES COMMISSION**

Wednesday, 10/25/17, 6:00 p.m. Community/Senior Center  
*Minutes*

**Attendance:** Alice Osipowitz, Kathryn Shaner, Marie Thompson, Katelynn Patronick, Roseann Cervelli, Jennifer Sorensen, Dan Reeve, Dan Glicklich, Dawn Flanders, Bruce Medley, Valerie Northey, Arianna (Zufall Health), Phyllis Beales, Donna Lisi

### **ZUFALL HEALTH**

- Prevention & outreach coordinator, Arianna
  - Healthy relationships, prevention
  - Proposal: do a screening of a documentary “The Mask You Live In”
    - Representative of different demographics
    - Has been done in other counties, want to bring it to Somerset
    - Also should include a panel discussion with people who young men can relate to – college athlete, local DJ or musician, school counselor (Jason),
    - Target population: male leaders and students within Franklin (Boys Council, Youth Council, athletes, etc.)
    - Cost: \$600 for movie rights, which Zufall Health will pay for; want feedback on speakers so they may be free or not; open to any ideas that we want included
    - Probably an evening presentation in the HS auditorium – push towards males – movie is 97 minutes
    - Alice: rent it & preview it to check the language as a group
    - Valerie: have it elsewhere where you can get a large youth group or something along those lines; the language is iffy; look for someone to partner with
      - Kate: reach out to Caitlin to find out about the Princeton Day School panel she went to, to see who else was a panelist other nights
    - What if we show it at the Teen Summit?
    - Get feedback from kids (try Youth Council) to see how they’d suggest getting people to come out to it – either deliver it to adults and do it from the top down OR have youth determine how to deliver it to youth
    - November – attend a Hillsborough event, then week after Thanksgiving do a screening/dinner

### **COUNTY REPORTS**

- Katelynn Updates:
  - Directories are available – she can bring some or they are online
- Jennifer Sorensen:
  - Program evaluations for Form 10, Form 11 – then everything is done for that year

- Current year: 1<sup>st</sup> quarter was submitted on time; 2<sup>nd</sup> quarter will be due in January, no date yet
- Next grant year: everyone will get the same amount of money; same procedures and whatnot as last year; grant should be due around December; going to try and have a training on how to complete the paperwork; applying for the 5<sup>th</sup> year of this 5 year grant cycle – will have to do a new logic model for the following year
- Workshops
  - Knock Out Opiate Abuse 10/10
    -
  - SC Safe Communities Coalition Conference Wed 10/25 RVCC
    - Parodyregistry.org – register here if you’ve encountered challenges with receiving mental health care
  - Wellspring 11/1, 7 p.m.
    - Open to all Alliance members
    - Info session and presentation on Footprints for Life & We’re Not Buying It
    - MACs need to decide which one to have a training in
    - 27 Warren St., Somerville
  - Night of Conversation 11/16
    - At Hillsborough High School – having Eavan Jenkins; Lisa Pettit is also speaking (Valerie’s intern)
    - Go to this instead of a regular monthly meeting

***YOUTH SERVICES COMMISSION***

**YSC Programs**

- FYPEP
  -
- Youth Council
  -
- Boys Council
  -

**Old/New Business**

- Youth Community Center

***FTMAPSA***

**Youth/Teen Committee**

- Sticker Shock Campaign
  - Pizza Box Campaign
    -
  - Liquor Stores
    -
- Connecting with school events
  - Back to School Night/Knock Out Opiate Abuse
    -

- Teacher Conferences
  -
- School events
  -
- Election Day
  - Need help during the day – see if Valerie’s intern, Lisa, can do it
- Positive Social Norms Campaign
  -
- Positive Behavior Intervention & Support
  -
- Youth Council
  -
- Lindsey Meyer Teen Institute
  -

**Parent/Community Committee**

- Community Prevention Workshops
  - Det. Sgt. Tom Rich, 10/30 FHS Cyber Bullying
    -
  - Mindfulness for teachers
    - Alliance brought Mindfulness for teachers in a 3 session workshop; 1 session right before school started during teacher in-service, 2<sup>nd</sup> session in October during teacher in-service, 3<sup>rd</sup> is in December during teacher in-service
    - December – will repeat session 2 in the morning and do session 3 in the afternoon (1<sup>st</sup> or 2<sup>nd</sup> Monday in December)
  - Mindfulness for parents
    - Do Mindfulness for the Overscheduled Family -
  - Social Emotional Learning
    - Teacher training Presentation by St. Germain from Texas
  - High-Ding in Plain Sight
    -
  - Night of Conversation
    -
  - What to Expect at College
    -
  - Other topics: Mental Health 1<sup>st</sup> Aid, Alcohol/Substance Abuse, Recovery, Suicide Prevention, 15 Minute Child Break, Eating Disorders
    -
- Parent Survey
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- Newsletter Articles
  -
- Further development of programs and community awareness
  -
- Red Ribbon Week:

- Valerie: each day they read information about a different drug during morning announcements; did the wheel/giveaways during lunch on 10/25; will send out the Newsletter for all the elementary/intermediate schools
- Week of Respect:
  - Valerie: 2 new videos for the MS and elementary schools; SGS – John Mopper came and did “Say Thank You to the Bully” about empowering kids to know the difference between what is and isn’t bullying and how kids can empower themselves
- BOE Recognition:
  - Last week for PBIS – recognized the poster contest at the meeting via a PowerPoint – some students and teachers came – put together certificates from the Alliance
- Township Council:
  - Proclamation for Red Ribbon Week on 10/24

### **Old/New Business**

- Other 2017-18 Initiatives
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- Developing partnerships
  - Faith based communities – One Voice?
    - Partner with Phyllis and faith based and have a speaker come one time rather than repeating them. Roz may want to reach out to Hunterdon Prevention Network regarding One Voice.
  - Business community – need to develop a plan before approaching them – how can they be engaged?
- Fundraising events
  - 5K run
- 2017-18 budget discussion
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- Round table report
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### **Action Items**

- Dawn – team up with Youth Council to do Coffee with a Cop
- Create a Doodle poll and send out to YSC/Alliance to see which Wednesday is better for a screening/dinner
- Dr. Ronald Rinaldi – The Center School – reach out to Dawn for private school contacts
- Draft an evaluation form for Mindfulness program
- Phyllis – may be able to help on Election Day
- Create a new Contact List for the Alliance