

## **FTMAPSA & YOUTH SERVICES COMMISSION**

Wednesday, 5/24/17, 4:30pm Community/Senior Center  
Minutes

**Attendance:** Sharene Davenport, Marie Thompson, Roseann Cervelli, Gayle Nelson, Nicole Paciulli, Jennifer Sorensen, Phyllis Beales, Orvyl Wilson, Doris Robinson, Roz Sherman, Saffie Kallon, Alice Osipowitz, Katelynn Patronick, Stacy Hale, Kathryn Shaner

### **Updates:**

- Jennifer Sorensen:
  - GCADA approved plan last week; Freeholders sign the agreement at the end of June
  - Appreciation Dinner – June 8
  - Opiates and Marijuana workshop – June 20 – 18+ only (charges close to \$1000)
- Youth Council:
  - “Event marathon”
    - Saturday was World Race – inside & outside – learned facts about the region and had an activity
    - Week before was Stuffed With Love – partnered with Project Break the Cycle
    - Tonight is Fling Into Spring – was rained out so they went to FPS science fair and are doing environmental/science related activities
    - Friday 5/26 – Teen Fit

### **Presentation by Candice Deglon (ANEW)**

- IOP – Intensive Outpatient Program – 3 days/week, 3 hours/day
- Adult program now includes horticultural therapy
- New teen group offered
- Anyone in Somerset County can go there – they’re in-network with most carriers
- Healthier Somerset – poster initiative on “how you feel”/mental health awareness – trying to start a dialogue between patients and doctors to make mental health referrals rather than provide mental health services themselves
- Usually need an adult if under 18 to sign consent; schedule within 48 hours; work a lot with school counselors; added adolescent IOP, but no adolescent partial hospitalization
- They schedule open houses periodically, but can visit anytime just call Candice to set something up – 732.328.2632 (direct line)
- Next big event is October stigma campaign
- Mental Health First Aid:
  - 8 hour training for teachers so that they can recognize signs sooner and refer students earlier – options are 1-8 hour session, 2-4 hour sessions, or 4-2 hour sessions

- Trisha Barker (youth trainer), also does other trainings; Faith McCalla (adult & youth trainer); United Way/NAMI/EmPoWER Somerset also offer other trainings that may be of interest
- Option: take 2 professional development days and make them half days
- Kevin Carroll/Greenbrook Superintendent of Schools has been pushing the program, someone can talk to the superintendent on behalf of Healthier Somerset to try and get the program
- Richard Hall can cross promote for Mental Health First Aid
- Suggested: wait until fall; recommended by Candice to do the youth training; try it in the fall then see if it can be offered on a wider scale; a meeting can be arranged with agencies and Alliance members to discuss best options and coordinate effective training
- EmPoWER Somerset has grants that aren't being utilized

### **Old/New Business**

- Lack of Teen Participation:
  - Consultant for youth center – hope to include some kind of survey/needs assessment
  - District is bringing back Saturday School, but they want an enrichment component – Alice will get together with Orvyl and others – may have to be fee based
  - Maybe ask parents for input as a needs assessment

### **YSC Programs & Grant Approval**

- Gayle motioned to approve the grant applications; Stacy seconded; no questions, no opposition, no discussion, all in favor

### **FTMAPSA**

#### *Youth/Teen Committee*

- Student survey:
  - To be held 5/25 & 5/26 (pushed on 5/25 to 5/30 & 5/31)
  - Results will be computerized but we have no access so we need to figure out how to share it – just print & email it, then get together to see how to use it
- Parties, Proms & Pitfalls:
  - Eavan Jenkins, Teen PEP, videos were the most successful
  - Registration was an issue
  - Hold off prom ticket sales until the end of the event so people have an incentive to stay
  - Overall, went over well; 350 people approximately
  - Waiting for the turnstile report
  - Some logistical aspects to work out for set up and flow of the event
  - Still consider something inter-active for students or with more student appeal

- PSAs:
  - Saffie's Youth Council is working on 3 and will be working with Michael Pinnix
- Pizza Box Campaign:
  - Bruce has coordinated 3 weekends so far
  - Trying to do an info table outside on a weekend

## **FTMAPSA**

### *Parent/Community Committee*

- Mindfulness:
  - 35 in attendance – sounds low but were competing with carnival, dance showcase, etc.
  - Meet with subcommittees to decide what workshops we want to do in the fall so we can advertise in the newsletter
- Lawn signs: a few members took signs to put at key spots around town; Kathryn & Bruce will go around on Friday and put more out
- Consider bringing Hector/Bill Lilis to Pine Grove's ESL Family Group

### **Action Items:**

- SACs will need to print/email survey results; meet to decide how to use it
- Meet with Orvyl and others to discuss an enrichment component for Saturday School
- 13 Reasons Why
- Ask Gloria to put signs on Easton Ave; Stacy to put a sign on Elizabeth Ave & Pierce St; Phyllis to put a sign at Amwell & Van Cleef; Doris to put a sign at Hamilton & Franklin Blvd at Footlocker; Gayle to put a sign at Franklin Blvd & Highland Ave at PG School
- Adult subcommittee meeting 6/5 at noon