

SELF DEFENSE & SAFETY: A WORKSHOP FOR OLDER ADULTS

**PRESENTED BY CAPT. GREG BORLAN,
FRANKLIN TOWNSHIP POLICE DEPARTMENT**

THURSDAY, APRIL 18TH

10:45 - 11:45am

FREE

COMMUNITY/SENIOR CENTER

- **LEARN TIPS AND TECHNIQUES TO KEE
YOURSELF SAFE AT HOME AND WHILE OUT
IN THE COMMUNITY.**
- **GAIN CONFIDENCE TO HANDLE EMERGENCIES.**
- **HAVE ALL OF YOUR QUESTIONS ANSWERED
BY ONE OF FRANKLIN'S FINEST!**

**REGISTER IN ADVANCE ONLINE @
FRANKLINREC.ACTIVITYREG.COM
OR IN PERSON AT THE
COMMUNITY/SENIOR CENTER**

