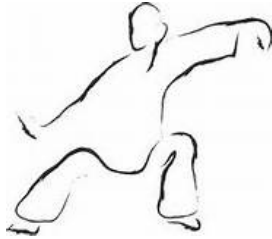


Tai Chi

Qigong Style Instruction



Registration opens at
8:30 AM on
Friday, Aug. 16th

Days: Fridays (11 Classes)
Time: 10:30 AM (Beginners)
12:00 PM (Beyond Beginners)
Cost: \$49 Resident/\$98 Non-Resident (Beginners)
\$49 Resident/\$98 Non-Resident (Beyond Beginners)



2019 FALL SCHEDULE (11 Sessions)

09/06, 09/20, 9/27

10/04, 10/11, 10/18, 10/25

11/01, 11/08, 11/15, 11/22

NO CLASSES 09/13 or 11/29

We encourage you to consult with your physician regarding your ability to participate before registering for this or any other exercise class

On-line registration is available on the Township website at www.franklintwpnj.org starting at 8:30 AM on Aug. 16th. Click on **Recreation and Events** button at the bottom of the Home Page. Then click on the **Online Registration Button** to go to the Registration page. Click on the **Recreation Programs Button** then select the **2019 Fall Session**. Click on **Forever 55 Programs** and register away!

This program takes place at the Community/Senior Center, 505 DeMott Lane in Somerset.

You may also sign-up in-person at the Community/Senior Center at 505 DeMott Lane where you can pay by check, cash or money order.