

Gentle Mat Yoga



**Registration opens
on Friday, Aug. 16th**



Day/Time: Fridays- 9:30-10:30 AM

Location: Room 3 at the Community/Senior Center

Cost: \$42.00 for Township Residents
\$84.00 for Non-Residents

(12 Classes)

Attire/Equipment: loose, comfortable clothing; a towel or small blanket; bottled water
(Mats are provided, but feel free to bring your own if you prefer.)

Fall 2019 Schedule

Sept. 6th

Sept. 13th

Sept. 20th

Sept. 27th

Oct. 4th

Oct. 11th

Oct. 18th

Oct. 25th

Nov. 1st

Nov. 8th

Nov. 15th

Nov. 22nd

Nov. 29th –NO CLASS

Please consult with your physician regarding your ability to participate before registering for this or any other exercise class.

On-line registration is available on the Township website at FRANKLINREC.ACTIVITYREG.COM Click on the Online Registration Button to get started.

REGISTRATION OPENS AT 8:30 AM ONLINE AND IN PERSON!