

# ***Healthy Baking for the Holidays!***

***presented by Aliz Holzmann,  
Shoprite Registered Dietician***

**THURSDAY,  
DECEMBER 12TH  
1:00PM**

**COMMUNITY/SENIOR CENTER  
505 DEMOTT LANE, SOMERSET**

**JOIN US FOR A PRESENTATION  
ON HEALTHY BAKING FOR  
THE HOLIDAYS. ALIZ WILL  
HIGHLIGHT AND DISCUSS  
INGREDIENTS THAT MAKE  
YOUR BAKED GOODS  
NUTRITIOUS AND DELICIOUS!  
RECIPES AND SMALL  
SAMPLES WILL BE OFFERED.**

**REGISTER ONLINE  
@ [FRANKLINREC.ACTIVITYREG.COM](http://FRANKLINREC.ACTIVITYREG.COM)  
OR IN PERSON**

