



# STIGMA-FREE FRANKLIN

*Creating a Community of Understanding*

**Wednesday, March 20, 2024**

**Franklin Township Community Senior Center**

**6:30 PM**

**Agenda**

- 6:30 pm**      **Welcome & Recap**
- February 21st Meeting
  - St. Matthias Self Care Fair
  - Secretary
- 6:40 pm**      **Check-In Question/Introductions**
- Tell us your name and organization (if applicable). **In 10 words or less**, give one reason you thought it was important to come tonight?
- 7:00 pm**      **Participation Process**
- Facilitator: Michael S.
- 7:25 pm**      **Vision Statement**
- The vision statement focuses on tomorrow and what the organization wants to become. It provides a destination for the organization. It describes what the future would look like if your organization achieved all its goals. If you truly realized your vision to the fullest extent, your organization would no longer need to exist.
- 7:45 pm**      **Committees & Projects**
- |                   |                                  |
|-------------------|----------------------------------|
| Youth Committee   | Outreach and Awareness Committee |
| Aging Committee   | Research Committee               |
| Parents Committee | Other                            |
- Personal Narratives
  - Articles
  - Research on Stigma-Free Initiatives, trainings, and grants
- 8:05 pm**      **Action Items**
- **Tuesday, March 26** | NJ Gov Council – Getting Ready for Mental Health (5 People)
  - **Friday, May 3** | Tabling Event: Diversity Day – FMS – Hamilton St. Campus (2 People/1 Backup)
  - **Labeling:** Guide to Mental Health Services Brochures
  - **Distribution:** Guide to Mental Health Services Brochures-Libraries/Food Bank (4 People)

## Upcoming

- Community in Connection Peer Recovery Pop Up | Thursday, March 21, 2024 | 3:00 pm – 7:00 pm
- Getting Ready for Mental Health Month | Tuesday, March 26, 2024 | 10:00 am – 11:00 am
- FYI Mental Health Association in NJ 17<sup>th</sup> Annual Walk | Saturday, June 15, 2024 | 8:00 am – 7:00 pm

**We are grateful for the interest and participation in the Franklin Twp Stigma-Free Council by any private practitioners. However, please be aware that we cannot legally endorse a particular practice or service.**

**NEXT MEETING: Wednesday, April 17, 2024 | 6:30 pm | Community Senior Center**

**3<sup>rd</sup> Wednesday of Each Month**