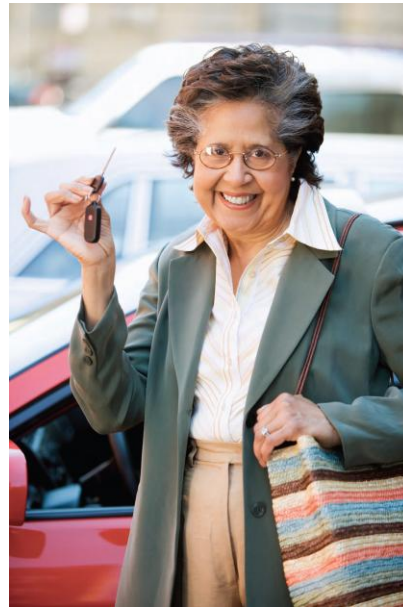


***We change as we age...**
changes in our vision, flexibility,
strength, range of motion and height
may make us less comfortable and
reduce our control behind the wheel.*

We invite you to get CAR-FIT!



Date: Friday, October 10, 2014

Time: Hours are from 10:30 a.m. – 12:30 p.m. You will select your time at point of call.

Where: Franklin Township Community/Senior Center 505 Demott Lane, Somerset

Cost: FREE

AARP, the American Occupational Therapy Association and AAA are partnering to bring a program to older adults that can help them operate their vehicles safely and more comfortably. Find out how to make individual adjustments to get your best person-to-vehicle fit. These adjustments will help drivers benefit from their vehicle's safety feature by helping them gain more control behind the wheel. Find out how the fit of your vehicle affects your driving and adjust your vehicle to your changing needs.

This program is being offered here at the Franklin Township Community/Senior Center for the first time. It's **FREE**, but there is a limit of 6 cars that will be accepted for this event. If there is more interest in this program, we will consider doing this again sometime next year to accommodate more.

Interested? Here's how you can be one of the six to get Car-FIT.

Step 1 Sign up at the Recreation Department Window or call 732-873-1991 Opt. #4 to put your name on the list

Step 2 Note the time of your appointment in your planner or in your cell phone

Step 3 Show up on Friday October 10, 2014 in your vehicle at your designated time and get ready to get Car-Fit!

AARP Representatives will be here on the 10th to answer questions about this program.